European Union of Yoga

Let's make a wish

Every day (or almost), the co-founder Daniel says this prayer, this sankalpa in order to ask whether or not he should continue to offer web services such as the one he's been offering since 2008. Invariably, the answer comes out as a shout: Yes

> *Please, do not search any longer a space where you can give to others, we found each other. I ask you to continue your mission to share the yoga knowledge and remember that there are other students here and eslsewhere that are searching for you, that needs you. Please participate in our community and make sure the word yoga means what it means: 'Union' so that we can work together and make the word peace and harmony be part of our thinking... everywhere.*

Constitution

In Septembre 2023, the co-founder Daniel was offered to join the Europeean Union of Yoga as a technical director. Here bellow is the constitution duly registered in France.

The European Union of Yoga Organizations

member of International Yoga Federation and International Yoga Sports Federation

Founded in 1997 under the name of the European Yoga Commission, during the European Yoga Congress and International Yoga Congress of the International Yoga Federation in Genoa, Italy. Currently, with new statutes, it has become the European Union of Yoga Organizations, the largest confederation of federations, associations, unions and yoga centers in Europe.
The highest body of the European Union of Yoga Organizations is its general assembly that brings together the delegates of the member associations once a year to make the resolutions of the institution.
The General Assembly elects an Executive Committee or Executive Board that administers the European Union of Yoga Organizations.
The Governing Body, made up of delegates designated by the member associations, has the function of coordinating the directors of the UEYO in each country and the yoga events.
The Governing Body coordinates and interacts with the European Commission for Yoga Education, European Commission for Traditional Yoga, European Commission for Modern Yoga, European Commission for Professional Yoga, European Commission for the Regulation of the Yoga Teacher Profession, European Commission for Yoga Therapy, Commission European Council of Sports Yoga, and the European Yoga Council that brings together the Grand Masters of Yoga and the main Grand Masters of the different lineages, traditions, specialties and styles of yoga.

The European Union of Yoga Organizations is full member of International Yoga Federation ® and International Yoga Sports Federation ®

The European Union of Yoga Organizations has full and complete member institutions, adherent member institutions, honorary member institutions, as well as centers that can be registered, accredited, recognized or associates.

Members of European Union of Yoga Organizations

Liste des organisations membres:

1. Francophone Yoga Federation
2. Spanish Integral Yoga Alliance - Alianza Española de Yoga Integral
3. Spanish Professional Yoga Alliance - Alianza Española de Yoga Profesional
4. Yoga Federation of Macedonia
5. Yoga Integral Association of Portugal
6. Associacion Portuguesa de Yogaterapia Integrativa

7. German Yoga Association
8. Israeli Yoga Association
9. Raja Yoga Fed. of Holland - Stichting Raja Yoga Nederland
10. SYN - Samenwerkende Yogadocenten Nederland
11. Association Scientifique, Traditional Yoga Motivational, La Reunion - France
12. National Yoga Association of India
13. Yoga Alliance International (France - Europe)
14. Union Francaise de Yoga
15. Association Ecole Internationale de Yoga of France
16. Association Yoga du Monde of France
17. Sadhana Life Center of France
18. Association Mandala OM de France
19. Yoga Centre Oum ru of Russia
20. Yoga Association of Greece
21. Yoga Arts Centre Association of Greece
22. European Yoga Alliance - Alianza Europea de Yoga
23. International Yoga Institute
24. Trinkel Yoga Centre - Bulgaria
25. Scorpion Yoga Centre - Bulgaria
26. SK-AMRITA YOGA of Bulgaria
27. Ecole Yogakshemam France
28. YSR YOGA La Rochelle France
29. Ecole Internationale Shiatsu Yoga Mediteranneo
30. Mandala Yoga Studio of Greece
31. Raja Yoga Institute of Holland
32. Arhanta Yoga Ashram de Nederland en de Benelux
33. Het Raja Yoga Instiuut Midden - Nederland
34. Samyama Nederland
35. Academie Raja Yoga Nederland
36. Yoga Dinesh of Russia
37. Yoga Association Centro Yoga Sacchi of Italy
38. Jiva Yoga Association of Italy
39. Yoga Mostoles - Centro de Yoga Om Ganesha
40. Vasudeva Yoga Association of Spain
41. Yoga Centar Subotica - Serbia
42. Sombor Yoga Centre - Serbia
43. Kala Yoga Israel
44. Yoga Samvit School of Germany
45. Das YogaHaus Samvit de Alemania
46. Tao Center Escuela de Yoga España
47. Escuela Tradicional de Yoga Jivadaya de España
48. Indra Yoga Mindfulness de España
49. Escuela Internacional de Yoga Srl of Argentina

51. Sivananda World Peace Foundation of South Africa
52. Ordre Kabbaliste Rose-Croix
53. Yoga School of Portugal Association
54. Yoga Alliance International - Alianza International de Yoga SRL
55. Sociedad Internacional de Yoga
56. International Yoga Association of Ukraine
57. Ishwara Yoga Centre of Ukraine
58. Yoga Association of Oreiras - Portugal
59. Centre Yoga & Terre Happy of France
60. Centro Yoga R9ma Est. Sole e Mezzanotte of Italy
61. Scuola Yoga Eleonora Medici -Lakshmi Hourse of Italy
62. Yoga School of Belgrade, Serbia

Liste of Individual membres:

1. **Natalia Velazquez,**
2. **Eugenia Paola Salas**
3. **Beatriz Katchi**
4. **Franca Sacchi**
5. **Nilamegame**
6. **Fernando Estevez-Griego**

The Executive Board and the Executive Office of European Union of Yoga Organizations

Regional Headquarters of European Union of Yoga Organizations in the World

The Governing Council

The General Assembly.
Each Member Yoga Organization of the European Union of Yoga Organizations must be represented by a delegate at the annual General Assembly.
To make resolutions, 50% of the affiliated institutions must be present

General Assembly of European Union of Yoga Organizations

Member of International Yoga Federation

FRANCA SACCHI
Sacchi Yoga Center of Italy
Italian Yoga Organizations

Swami Sai Shivananda
Francophone
Yoga Federation

Mataji Lakshmi Devi (Eugenia Salas)
Yoga Alliance
International - France

Yogacharya Nilamegame
Association
STM Yoga France

Dharmachari Maitreyananda
International Yoga School
Association - France

Babakar Khane
Institute International
de Yoga

Beatriz Portugues Katchi
Integral Yoga
Association of Portugal

Dr Radhakrishna
National Yoga
Association of India

Carlos Miguel Pérez
Vasudeva Yoga Centre
Spain
European Yoga Alliance

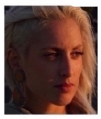
Ishwar Ramlutchman
Sivananda World
Peace Foundation
South Africa

Gabriele Gailli
Jiva Yoga Association
of Italy

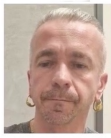
Rashko Zaikov
Amrita Centre
of Bulgaria

Andrey Verba
OUM RU
Yoga Centre
of Russia

Arjuna Ramnandanlall
Stichting Raja Yoga
Energieontwikkeling
Neederland
Het Raja Yoga
Instituut Midden



Lari Kate
Mandala Yoga Centre
Yoga Association
of Greece



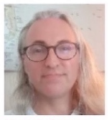
Anatoliy Zenchenko
International Yoga
Association
Ishvara Yoga Centre
Ukraine

Németh Zsolt
Yoga Centar
Subotica, Serbia

Daniel Petrov
Yoga Club "Scorpion"
of Bulgaria

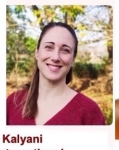
Daniel Gauthier
YogaPartout - Satoshi.Yoga

Corine Staya Grannet
Association
Mandala
Yoga of France



Vladimir Fernandes
Yoga School of Portugal
Association

Klaas Stuive
Academie Raja Yoga
Nederland
Samenwerkende
Yogadocenten
Nederland (SYN)



Ram Jain and Kalyani
Arhanta Yoga ® International
Arhanta Yoga Ashram, Nederland

Ute Hempel
Yoga Association
of Germany

Ajita (Philippe Barbier)
The Raja Yoga
Institute Nederland

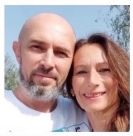
Rosa Rodriguez
Integral Yoga Allianc
of Spain

Miroslav Vidojevic
Joga Sombor
Centre of Serbia

Eleonora Medici
Yoga School
Lakshmi House Italy

Gerson Stay - Javier Gerrero
Yoga Jiva Daya
Traditional Yoga School
of Spain

Brigitte Bruyez
B & B, The Relais
des Anges
France



Gleb Loginov - Sabine Schalk
Tatami Spirit
Yoga School of Spain

Bertram Mück
YOGAHAUS Samvit
of Germany

Soledad Arigue
Spanish Yoga &
Yoga Therapy Centre
of Spain

Alessia Latini
Yoga Centre of Rome
Sole e Mezzanotte Italy

Jean-Louis de Biasi
Kabbalistic Order of
the Rose-Cross
Mediterranean Yoga

Patricia Bourin
Mediterranean Yoga®
Aurum Solis®

Anabel Sousa Tavares
Integrative
Yoga Therapy
Association of
Portugal

European Yoga Organizations

of International Yoga Federation

European Yoga Conferences - Euroyoga

1997 Genoa, ITALY
2000 Genoa, Italy
2003 Santa Maria, PORTUGAL
2004 Madrid, SPAIN
2005 Milan, ITALY
2006 Lisbon, PORTUGAL
2007 Copenhagen, DENAMARK
2008 Lisbon, PORTUGAL
2009 Rome, ITALY
2009 Lisbon PORTUGAL
2010 Lisbon, PORTUGAL
2011 Sofia, BULGARIA
2012 Moscow, RUSSIA
2013 Paris, FRANCE
2014 Lyon, FRANCE
2015 Madeira, PORTUGAL

2016 Mafra, PORTUGAL
2017 Mafra, Portugal
2018 Sofia, Bulgaria
2019 Kolašin, Montenegro
2020 Europe Online
2021 Europe Online
2022 Malaga, Spain
2023 Oporto, Portugal

Profesional Degrees of Yoga

There are 33 degrees of yoga, recognized in the International Yoga Federation

What does each one do:
(Those who practice yoga)
1) Beginner
2) Practitioner
3) Advanced practitioner

(Those who teach practical classes and theory)
4) Assistant Instructor
5) Instructor Assistant of Yoga Teachers

(Give classes to practitioners)
6) Physical Trainer in Yoga
7) Operator
8) Monitor
9) Trainer of Yoga
10) International Trainer of Yoga
11) Senior Trainer of Yoga
12) Coach/Technician of Yoga
13) International Coach or Technician of Yoga
14) Teacher of Yoga
15) International Teacher of Yoga
16) Senior Yoga Teacher

(Those who help the Trainers of Yoga Teachers, Yogacharyas and Master of Yoga but do not have training capacity)
17) Teacher Trainer. (Help the Teacher does not have training capacity)
18) Yoga Teacher Trainer or Trainer of Yoga Teachers
19) International Trainer of Yoga Teachers
20) Senior Trainer of Yoga Teachers
(Teachers are trained under the tutelage and supervision of a Grand Master of Yoga)
21) Master in Yoga Philosophy.
22) Master in Yoga Specialization (Master in Yoga)
23) Doctor of Philosophy of Yoga, Doctor of Yoga Specialization
24) Master of Yoga Teachers
25) Master of Trainers of Yoga Techears
26) Yogacharya
27) Senior Master of Yoga or Honorary Doctor of Yoga
28) International Master of Yoga

(Those who Train Trainers of Yoga Teachers and Yoga Master or Master of Yoga under the tutelage and supervision of a Grand Master of Yoga Masters)
29) Grand Master of Yoga
30) International Grand Master of Yoga
31) Senior Grand Master of Yoga

(Those who Train Trainers of Yoga Teachers, Masters of Yoga and Grand Masters of Yoga, and acting as spiritual guides and tutors)
32) Grand Master of Masters of Yoga
33) International Grand Master of Masters of Yoga

Historical degrees recognized by the International Yoga Federation.There are 33 degrees of yoga, recognized in the Global Yoga Community and International Yoga Federation

Teachers Training and Masters Yoga Traing Courses:
7 systems:
International Yoga Federation - European Union of Yoga Organizations

1. Teaching Cycle
The European system has a duration of 3 years with 9 month teaching cycles, and a minimum training program. This training program was based on the National Yoga Associations, mostly European, and was created and led by

trainers who were not yoga teachers.

2. Gurukula
In India, the training system is the traditional gurukula system, which takes place in the Ashram (spiritual community), courses of a duration that can vary between one month and 12 years. In this tradition it is not so important the program, the fundamental thing is that the course is given by a real Master with experience, who dominates the samadhi and the techniques.
The supporters of this system. They argued that most of the programs were limited to the training of teachers of yoga techniques, but they did not train yogis, much less yoga teachers. The real institution in yoga is not the National Associations, but the Masters and Lineages.

3. American System
The Americans, on the other hand, put together an American system, which is neither Gurukula nor European, which is based on hours and standards. The person obtained a degree, or a specialization according to the amount of hours taken.

4. Mixed
A fourth methodology was based on 12 training modules that have theoretical, technical and practical parts with spiritual practices.

5. Continuing education
Created in the USA, based on credits or points generated by events, seminars, retreats, congresses, etc.

6. Immersion Training
Subsequently, a sixth modality of immersion training appeared, consisting of short intensive periods of approximately two weeks.

7. On Going
This training modality, currently called "on going", is based on the shared time (several years) of the disciple with his or her Yoga Master, until the latter considers that the person has mastered Yoga and has become a true Yoga Master.

The Yoga and Buddhism coming to Europe circa 326 a. C with the folk of **Alexander** the Great, son of God (Zeus -Amon) from the Achilles lineage. Greek in Indostan was buddhist. **The Greco-Bactrians** were known for their high level of Hellenistic sophistication and kept regular contact with both the Mediterranean and neighbouring India. **Indo-Greek kingdom** appeared circa 190 BCE. Greek culture. Greek culture reached Ariana and the Hindustan long before India existed. Their Yoga was known as Yavana Yoga, and the Greeks strongly developed Buddhism, creating the foundations of Buddhism, Mahayana and Tandtrayana differentiated from the original Buddhism. In Ariana (Pakistan and Afghanistan) in Kashmir, North India, Tibet, Ubekistan, and Tauiskitan, the Greeks introduced human postures, which India had never practiced, developing the asanas within Buddhism. And developing the Greek Gymnasiums as true ahsrams and viharas where postures, sports, philosophy and spirituality were practiced. The concept of the spirituality of asanas is Greek. And the concept that sports is spiritual is Greek. The Greeks taught Homer's Iliad and Odyssey, epics on which the Mahabharata were based, including the Bhagavad Gita and the Ramayana, which were written in the Greek kingdoms of Bactria and Hindustan. The Gita is based on the life of Alexander the Great and Achilles and on the Greek idea of what we know as karma yoga.

development of ancient Hellenism or the ancient religion of the Greeks that was always tolerant and coexisted with other religions or philosophies such as Jainism or Buddhism. The Buddhism of the Greeks was nothing more than a true primordial yoga, which coexisted with the Sanmkhya and from which Patanjali was later nourished. Yoga before Alexander the Great, who was an extraordinary philosopher, a disciple of Aristotle, and after Alexander, developed in Europe under other names. The tradition of ancient and modern yoga postures are a purely European tradition that was transmitted by the Americans on their continent. In Europe, Yoga was transformed at the end of the 19th century, and in the 20th century, European yoga was born as a different yoga from India, since in Europe as in America a Yoga that was psychophysical and spiritual was proposed. Yoga was an idea in European cultures long before European bodies practised anything called yoga. Indian philosophical ideas and ascetic practices were known to the ancient Greeks, whose imperial influence stretched into what is now northwest India (ca. 300 BCE). Currently, the yoga organizations of Europe have a meeting point in the European Union of Yoga Organizations, where all forms of Yoga from ancient times and modernity coexist, without one imposing on the other, without anyone being able to say this is yoga and this is not yoga, because there is no inquisitive vision. Yoga in Europe is professional, and it has such a secular vision that it makes it impossible for it to be religious, especially Hindu because it is professional. But it is equally accepted in the European Union of Yoga Organizations, all forms of yoga, and all methods and styles. Regardless of its origin. The European Union of Yoga Organizations defends the freedom, equality and fraternity of its members and has not a unique training program.

The European Union of Yoga Organizations does not accept any authority, interference, directive, control, guide or imposition of the yoga organizations of India, much less its government, being an institution that is not influenced by political parties. On the other hand, the European Union of Yoga Organizations does not believe that Yoga was born in India, because historical documents affirm otherwise. This Europeanist vision is what makes the European Union of Yoga Organizations an independent institution not only from the institutions and gurus of India (Indian Yoga Association) but also from the Yoga Alliance of the United States and European Yoga Union at Europe.

European Union of Yoga Organizations have official relationship and And mutual recognition with the International Yoga Federation, World Yoga Council of IYF, International Yoga Therapy Association, Asian Yoga Federation, Yoga Federation of Asia, South American Yoga Federation, Francophone Yoga Federation, Latin American Yoga Union, Yoga Federation of America, International Yoga Sports Federation ®, OUM.ru Yoga Organization of the Commonwealth of Independent States, Yoga Alliance International (Europe and America), International Yoga Association, Federation of India and National Yoga Association of India.

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See other versions

- In French
- In Spanish
- In Italian