Satchidananda

Swami Satchidananda ("Gurudev") arrived in América in 1966.

The organisation that he created is named the "Integral Yoga International" with an Institue that allows students to become Yoga Teachers. Satoshi.Yoga visited their center in New York and all we can say, they are a 'tighly run ship' as we were unable to meet any one from the direction, yet, left with a 'super positive impression'.

Gurudev (Satshidananda's nickname) demonstrated the value of Yoga in different sectors such as health, education, peace and environment.



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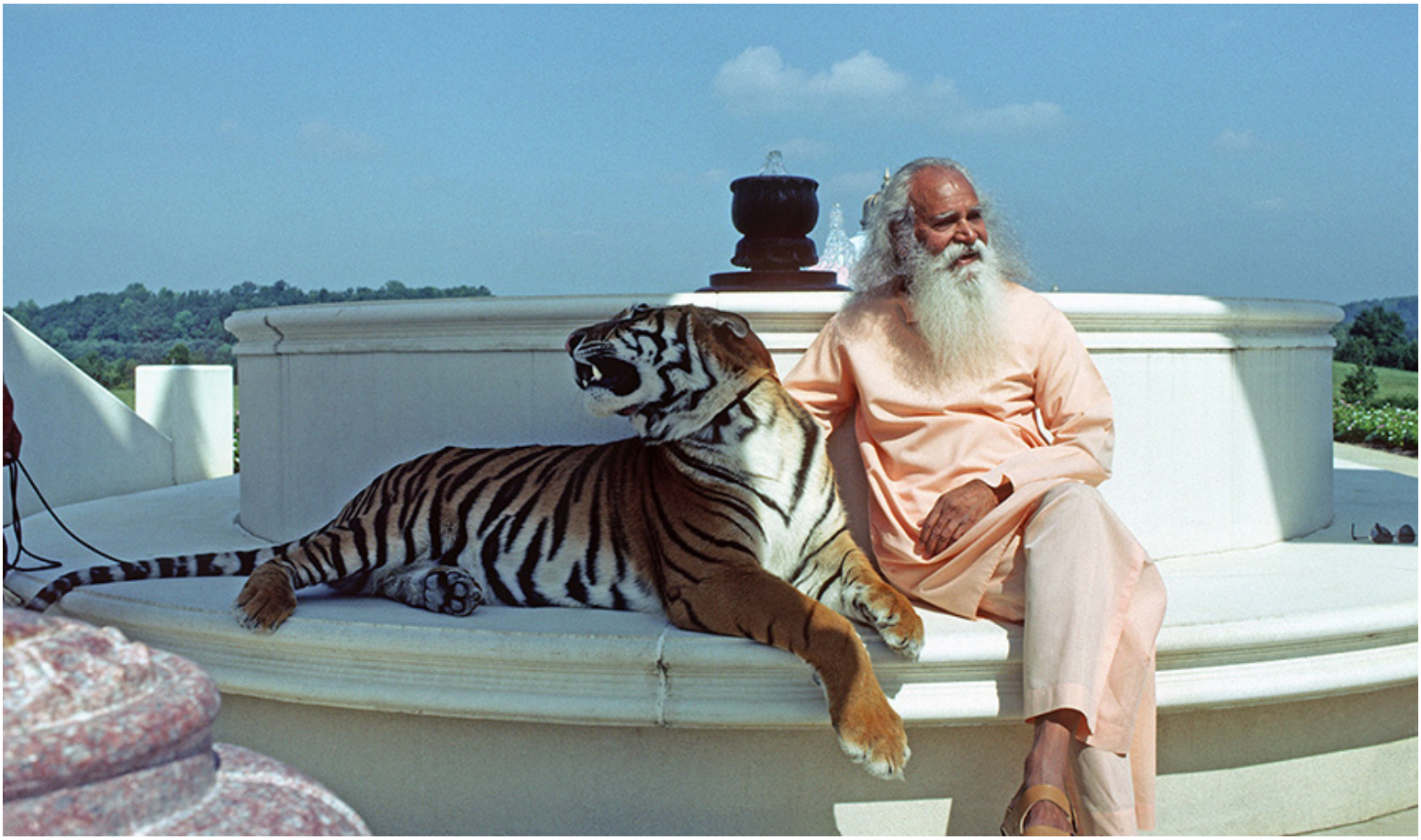
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Swami SatChidAnanda

This yoga master made an important contribution about yoga

Gurudev loves animals

An this picture was greatly offered to us so that we can put in value the heritage of a true enlighten individual



Here is the interview Swami Shantananda gave us

In sort, Shantananda knew personally Swami Satchidananda and he made a real positive impression in her life

You can visit their ashram in the United States

