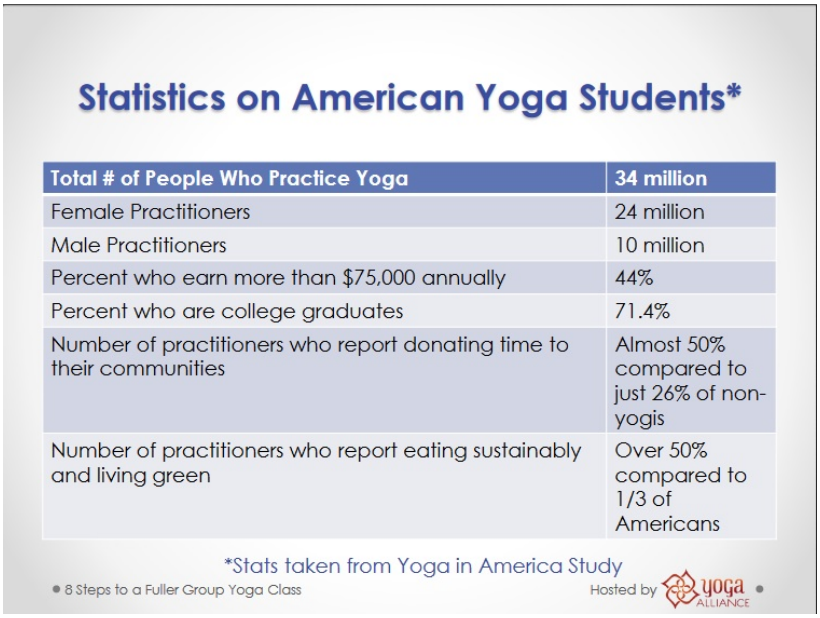
Yoga Alliance

Statistiques

Aux États-Unis, le nombre de pratiquants yoga grandit. Voici le résultat d'une étude faite pour le compte de la Yoga Alliance et le Yoga Journal



Statistics on American Yoga Students*

Total # of People Who Practice Yoga	34 million
Female Practitioners	24 million
Male Practitioners	10 million
Percent who earn more than $75,000 annually	44%
Percent who are college graduates	71.4%
Number of practitioners who report donating time to their communities	Almost 50% compared to just 26% of non-yogis
Number of practitioners who report eating sustainably and living green	Over 50% compared to 1/3 of Americans

*Stats taken from Yoga in America Study

8 Steps to a Fuller Group Yoga Class

Hosted by yoga ALLIANCE

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